

# You're Invited to a **BONUS DAY!!**

## Supporting Physiologic Birth for L&D Nurses

Are you a Labor & Delivery nurse and wish you had more tools & strategies to help your patients achieve a vaginal birth?

### Mark Your Calendars!

**JANUARY 30, 2020**

**9 am - 5 pm**, *breakfast/snacks provided*

**Downtown Los Angeles**

**\$325**

Provider approved by the California Board of Registered Nursing, Provider # CEP17368, for 8 Contact Hours (CE's).

*Refund Policy:* tickets are nonrefundable once purchased. This event is a BONUS day - if less than 15 nurses register, the event will be cancelled

Bundle Birth, A Nursing Corporation invites you to an 8-hour workshop on Physiologic Birth. This workshop will provide information necessary to promote physiologic birth and/or interact with various labor patterns/interruptions through non pharmacological nursing interventions. We promote birth as a normal, physiologic process for the majority of women, but recognize that there are common interruptions in the birth process that can have an impact on the ultimate mode of delivery. Upon successful completion of the workshop, the participant will be able to educate, triage and better facilitate physiologic birth to meet the desires of the laboring woman and accomplish a vaginal birth.

Wear comfy clothes! We will practice, play, discuss and learn together in a modern location with amazing views of the city! What's on the agenda? Anatomy/physiology of physiologic birth, supporting hormones of labor, pelvic floor, the pelvis, strategic positions for labor, identifying and treating acynclitism, OP, labor dystocia, arrest of descent, trauma-informed care, legal/ethics, charting and therapeutic communication strategies for working with the hospital team. *When!*

follow the FUN on



Instagram!

@bundlebirthnurses

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Can earning CE's be FUN? Of course! JOIN us for a hands-on, jam-packed day! We want to empower you with practical tools, solutions, strategies and information to impact women's birth outcomes with your patients and in your community.

For more information & to register, visit [www.bundlebirth.com/nurses](http://www.bundlebirth.com/nurses)

**BUNDLE BIRTH**  
a nursing corporation

Bundle Birth, A Nursing Corporation is based out of Los Angeles, CA and provides education & support for all pregnant women & their partners. We believe in decreasing fear and increasing confidence in birth in the hospital setting.